

JUNIOR CLINIC SESSIONS

Birchwood Tennis & Fitness Club offers five seven-week sessions of junior clinics during the 2017/2018 seasons. Clinics are priced per session.

Session 1:

September 8, 2017 thru October 26, 2017

Session 2:

October 27, 2017 thru December 21, 2017
(off November 20 thru November 26)

Session 3:

January 5, 2018 thru February 22, 2018

Session 4:

February 23, 2018 thru April 19, 2018
(off March 26 thru April 1)

Session 5:

April 20, 2018 thru June 14, 2018
(off May 25 thru May 31)



FUTURE STARS

In this clinic, beginning players receive technical instruction. Players learn stroke fundamentals, how to rally, and practice these skills in games and drills.

Tuesday, 4:30 to 5:30pm

Friday, 5:30 to 4:30pm & 4:30 to 5:30pm

\$119 members/\$140 non-members

CHAMPIONS

For ages 7-9. Players practice strokes, receive a more in-depth interpretation of rules, and enjoy games. Players expand their knowledge and skills of both strokes and strategy.

Thursday, 4:00 to 5:30pm

Friday, 5:30 to 7:00pm

\$179 members/\$210 non-members

TIEBREAKERS CLINIC

In this clinic, intermediate youth players receive technical instruction focused on advanced stroke development & strategy. There is an increased focus on strategy in more intense matchplay experiences.

Wednesday, 4:00 to 5:30pm

Saturday, 11:00am to 12:30pm

\$179 members/\$210 non-members

DAVIS CUP CLINIC

Davis Cup focuses on continued stroke development with an increased emphasis on tactical development and competition. Students continue to learn about matchplay and tournaments while refining their strokes and strategies.

Monday, 4:00 to 5:30pm

Saturday, 12:30 to 2:00pm

\$179 members/\$210 non-members



Champions, Tiebreakers & Davis Cup Match Play

Green Dot Balls (78' Court) and Yellow Balls (78' Court)

In this session, Champions, Tiebreakers and Davis Cup students utilize the strokes they learn in the fundamentals clinics in matchplay. Singles and doubles play provides an essential element of competition that cannot be directly replicated in practice. Students are strongly encouraged to participate in match play along with fundamentals.

Friday, 4:00 to 5:30pm - \$179 members/\$210 non-members




* SPECIAL RATE *

Sign up for both Champions/
Tiebreakers/Davis Cup
fundamentals AND play day for a
seven-week session and save 20%!

Price:

\$285 members
\$335 non-members



 Birchwood Tennis & Fitness Club 
105 Edella Road, Clarks Summit, PA 18411
570-586-4030 • www.birchwoodtennis.com •
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PER DIEM JUNIOR CLINICS

TOURNAMENT TOUGH

A high-intensity clinic for competitive tournament players in the 14U or younger divisions. **Players will be placed into this clinic** at the discretion of club pros based on participation in green ball tournaments as well as match results in competition.

Tuesday, 5:00 to 7:00pm

\$36 members/\$40 non-members per diem

MASTERS and EXCELLENCE

A clinic for players on their high school teams. Students receive advanced technical instruction and work on strokes during drills and games. Students refine singles and doubles strategies in preparation for team and tournament competition.

Wednesday, 4:00 to 6:00pm e3 Saturday, 2:00 to 4:00pm

\$36 members/\$40 non-members per diem

HIGH SCHOOL CHALLENGERS

A fun, competitive, & instructional program for high school students.

Sunday, 2:00 to 4:00pm

\$36 members/\$40 non-members per diem

TOURNAMENTS & PLAY DAYS

Birchwood Tennis & Fitness Club hosts a number of USTA-sanctioned tournaments throughout the year. Birchwood hosts sectional and district-level tournaments, offering opportunities for entry-level tournament players to become involved in formal competitive play. Please visit the USTA Tennis Link website throughout the year in order to sign up for our tournaments.



Additionally, we offer a number of play days for each group of students throughout the fall and winter. Play days are typically on Sunday afternoons. Dates and times will be announced prior to each play day!

JUNIOR & ADULT CLINICS WEEKLY SCHEDULE

MONDAY	
4:00 PM - 5:30 PM	Davis Cup Clinic
TUESDAY	
9:30 AM - 10:30 AM	Adult Cardio Tennis
4:30 PM - 5:30 PM	Future Stars Clinic
5:00 PM - 7:00 PM	Tournament Tough
WEDNESDAY	
4:00 PM - 5:30 PM	Tiebreakers Clinic
4:00 PM - 6:00 PM	Masters & Excellence
6:00 PM - 7:00 PM	Adult Cardio Tennis *Starting date will be posted in the fall*
7:00 PM - 8:30 PM	Adult Clinic

THURSDAY	
4:00 PM - 5:30 PM	Champions Clinic
FRIDAY	
9:30 AM - 10:30 AM	Adult Cardio Tennis
3:30 PM - 4:30 PM	Future Stars Clinic
4:00 PM - 5:30 PM	Champions, Tiebreakers, & Davis Cup Match Play
4:30 PM - 5:30 PM	Future Stars Clinic
5:30 PM - 7:00 PM	Champions Clinic
SATURDAY	
11:00 AM - 12:30 PM	Tiebreakers Clinic
12:30 PM - 2:00 PM	Davis Cup Clinic
2:00 PM - 4:00 PM	Masters & Excellence Match Play
SUNDAY	
2:00 PM - 4:00 PM	High School Challengers